

# Testing for Yellow Belt

## Requirements

- Attend a minimum of 20 classes
- Count from 1-20 in Korean
- Perform White Belt Form Tae Geuk Il Jang
- To Demonstrate and understand names of all basic kicks
- Do push-ups and sit-ups
- Complete 1-2 minute round of sparring against an opponent holding a shield
- Break 2 boards using Hammer Fist and Axe Kick